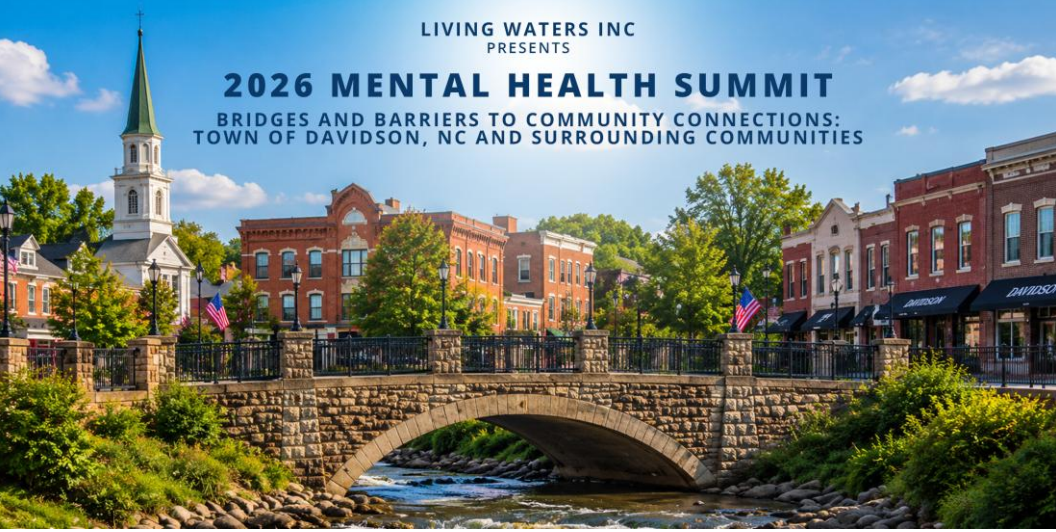


October 30, 2026

9:00AM - 12:00PM

Ada Jenkins Event Center
212 Gamble Street, Davidson, NC 28036

LIVING WATERS INC

Sharing a Legacy of Caring Partnerships With Community Organizations, Health Care, and Faith-Based Organizations.

Living Waters Inc is a non-profit organization committed to the growth and development of our most important asset, "the people".

Living Waters Inc works to bring communities together in collaboration and partnership with government, public and private sectors.

Living Waters Inc empowers communities to establish and implement new goals.

Empowerment Is The Key To Success

Living Waters Inc

PROGRAM

Welcome	Joseph Graham Jr.
Opening Remarks	Harold E. Rice, Jr.
Perspectives On Why This Matters	Rev. Etheleen Jetton Diane Means Caseem Cornelius
Keynote Address	Angela L. Harris, Psy.D.
BREAK	
Panel Discussion	Moderated by: Julie Alexander, RN, MSN
	Diana Merrifield
	Koa Goode, MSW, LCSW
	Cambria Nielsen
	Grace Lopez
	Commissioner Steve Justus
Audience Q & A	Julie Alexander, RN, MSN
BREAK	
Table Exercise and Discussion	Joseph Graham Jr.
Call To Action	Commissioner Tracy Mattison Brandon
Closing Remarks	Joseph Graham Jr.

SPEAKERS AND PANELISTS



Angela L. Harris, Psy.D

KEYNOTE SPEAKER

Angela L. Harris, Psy.D. has more than 25 years of experience in higher education and currently serves as Assistant Dean of Students at Davidson College, supporting students through complex personal, academic, and well-being concerns. Her career includes work in community mental health, a women's prison, and Ohio University, where she served as a Staff Psychologist and Group Therapy Coordinator.

She is the founder of Harris 316 Consulting and Services, a consulting and educational practice exploring the intersections of mental health, faith, and spirituality. She speaks with churches and communities on depression and generalized anxiety, suicide prevention and awareness, and psychotherapy referrals, helping increase mental-health literacy, reduce stigma, and promote appropriate professional support. As a Subject Matter Expert, she has partnered with The AAKOMA Project, founded by Dr. Alfiee Breland-Noble, which works to improve mental health outcomes and influence systems and services to better recognize and address the needs of Youth and Young Adults of Color and their families.

She is also the founder of No Bibs Burps Bottles, an initiative empowering Black women who are childfree by choice to embrace and live their best childfree lives. Her work has been featured on NPR, Essence, and local news.

Dr. Harris holds a doctoral degree in Clinical Psychology from Wright State University, a Master's in Counselor Education from McDaniel College, and a B.A. in Communication Arts from Cheyney University of Pennsylvania, the nation's first HBCU.

She is passionate about community, advocacy, and empowerment and serves on the Mental Health Committee for the Town of Davidson, contributing to community conversations around mental health and wellness.

SPEAKERS AND PANELISTS



Joseph Graham Jr.

HOST

Joseph Graham Jr., aka PG, is an international keynote speaker and facilitator, author, pastor, professor, chaplain, and faith and wellness leader specializing in the intersection of faith and mental health.

PG also leads wellness work supporting youth and young adults, seniors, and veterans

He serves as a Faith and Wellness Facilitator for Living Waters Inc, which has worked at the intersection of faith, community, and wellness for over 20 years, raising awareness and building bridges for collaboration. He is also Pastor of Road to Damascus Faith & Wellness Ministry, Chaplain at Novant Health Presbyterian Medical Center, Founder of the Mental and Physical Wellness Collective, a Board Member of Teen Health Connection and a Community Engagement Committee Member for MeckMin InterFaith Network.



Julie Alexander, RN, MSN

MODERATOR

Julie Alexander, RN, MSN is a community health nurse with more than 40 years of experience advancing health and well-being across North Carolina. She serves as Project & Program Coordinator for Healthy Meck, a community health coalition supported by Atrium Health through The Duke Endowment's Healthy People, Healthy Carolinas initiative. Drawing on experience in clinical care, community health, and cross-sector partnerships, Julie works with community organizations, health systems, and residents to improve access to resources and create the conditions that help individuals and communities thrive. Her work focuses on advancing health equity, strengthening community connections, and promoting overall well-being.

SPEAKERS AND PANELISTS



Commissioner Tracy Mattison Brandon

Commissioner Tracy Mattison Brandon serves as the Western North Carolina Area Director for InterVarsity Christian Fellowship, providing leadership and support for campus ministries across the region. In addition to her ministry leadership, she serves as a Town of Davidson Commissioner, bringing a commitment to community engagement, thoughtful leadership, and a vision for a thriving, inclusive community.

An ordained minister, she holds a Master of Arts in Christian Ministries from Gordon-Conwell Theological Seminary. With more than 40 years of experience in ministry, leadership, and community engagement, she is deeply committed to building relationships, developing leaders, and bridging generational, ethnic, and socioeconomic divides.



Harold Rice Jr., MBA

Harold Rice, Jr. is the Chief Executive Officer of the Ada Jenkins Center in Davidson and the founder of the Black Social Capital Initiative. Harold uses his remarkable skills at building community, developing relationships, and leading organizations. He is strengthening one historic non-profit while creating another.

As Rice honed his leadership skills, he saw a gap in training and connections for local Black non-profit professionals to become senior leaders, CEOs, and board members. The Black Social Capital Initiative, which he started in 2017, provides a complimentary mentoring and coaching curriculum for professionals to learn from current Black CEOs. Graduates have assumed top roles as CEOs, executive directors and board members at non-profits.

SPEAKERS AND PANELISTS



Rev. Etheleen Jetton

Rev Etheleen Jetton, was born in Charlotte, NC and grew up in Mount Vernon, NY where she received an Associate Degree in Business Administration at the Westchester Business Institute, White Plains, NY. After relocating to Davidson, NC, she was called by God to start a ministry of "help" called Arms Wide Open Ministries International through which she provides food, clothing, and network of resources that supports those who are in need. This is truly her joy! Rev. Jetton has served on the Town of Davidson Board Advocation for Families Partnership for several years. She also served as the Associate Minister (Pastor of Outreach to Elder Dorthy Wood) at Life Changing Church in Charlotte, NC.



Diane Means

Diane Means joined the Ada Jenkins Center team over 25 years ago and has been dedicated to advancing the mission and impact of the organization. Diane started at the center as the LEARN Works Director where she guided the efforts to support the educational progress and learning journey of children and youth. Currently, she serves as the Director of Impact and Engagement. In that role, she amplifies the voice of the community by working to understand the needs and hopes of neighbors. She brings people together from across the community to spur collaboration and promote awareness that inspires action so that all families have access to resources and opportunities that help them meet immediate needs and reach their future goals. Diane also coordinates data collection across center programs and enjoys planning gatherings for the team to have a little fun. Prior to joining the Ada Jenkins Center team, Diane served as public school teacher and as the Community Outreach Director for Union College in Kentucky.

SPEAKERS AND PANELISTS



Caseem Cornelius

Caseem Cornelius is an experienced and qualified educator, youth development leader, and ordained minister with more than 14 years of experience serving children and families. He has served with the Ada Jenkins Center's "Learn Works" Afterschool & Enrichment Program for 14 years and brings 10 years of experience with the YMCA of Greater Charlotte in youth development and education.

Caseem is passionate about creating engaging learning environments, supporting students with diverse learning needs, and helping young people build confidence academically, socially, and personally. His work is driven by a commitment to education, leadership, mentorship, and community service. Above all, Caseem believes that when children are given the right support, meaningful opportunities, and someone who genuinely believes in their potential, they can grow beyond expectations and become confident leaders of tomorrow.



Diana Merrifield

Diana Merrifield has been actively engaged in mental health awareness and suicide prevention since 2012. As a certified Question, Persuade, Refer (QPR) instructor, she has imparted essential life-saving skills to over 500 adults and students. Diana is the former President of Davidson Lifeline and currently serves as the President of NAMI Charlotte.

Her experience encompasses campaign fundraising and community outreach efforts for various organizations. She has held several leadership positions and is passionate about expanding NAMI Charlotte's outreach. In her roles, she has concentrated on reducing stigma and enhancing awareness of mental health, particularly suicide prevention. Through educational initiatives and community events, she has successfully engaged both adults and teenagers across the region. Diana firmly believes that mental health is vital to the overall well-being of communities.

SPEAKERS AND PANELISTS



Koa Goode, MSW, LCSW

Koa Goode, MSW, LCSW is a clinical social worker, Crisis Intervention Team (CIT) coordinator and trainer, and part of the Town of Davidson's co-responder program. Koa responds to 911 calls with Davidson Police officers and receives referrals from strategic community partners to provide crisis intervention, de-escalation, and brief therapeutic intervention.

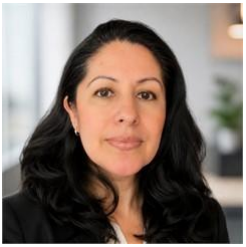
Koa's 20-year human services career has allowed her to gain experience in child protection, family stabilization, crisis intervention, program development and community engagement. Due to a keen interest in trauma recovery, Koa obtained her master's in clinical social work from the University of Kentucky in 2022 with the goal of supporting individuals and communities to increase their resilience. Koa sees herself as a resource to assist individuals with tapping into their strengths with a goal to collaboratively problem solve and find meaningful strategies to cope with symptoms and stressors.



Cambria Nielsen

Cambria Nielsen grew up in Davidson, attended Charlotte Mecklenburg Schools, graduated from Davidson College and earned an M.Ed. from the University of Florida. She taught elementary school and worked in retail banking management before becoming a mother and community volunteer. In Davidson, she has volunteered with Scouts, WDAV, Davidson College, Davidson Lands Conservancy, Orchestra of the Carolinas and Davidson College Presbyterian Church. At DCPC, Cambria serves as Chair of Mental Health Matters, which seeks to increase awareness and understanding of mental health issues, advocate for mental health services, reduce stigma, and foster a more welcoming, inclusive, supportive faith community for those with mental health challenges.

SPEAKERS AND PANELISTS



Grace Lopez

Grace Lopez is an Ecuadorian social work professional with a Master's degree in Human Services and more than 21 years of experience working across different areas of the social services field. She began her professional career in New York City, where she lived and worked before continuing her career in North Carolina.

For the past 10 years, Grace has been a dedicated member of the Ada Jenkins Center, where she has made a meaningful impact by supporting children and families, connecting them with educational and community resources, advocating for their needs, and helping families navigate systems and access opportunities that strengthen their well-being. As a bilingual professional, Grace builds trusting relationships with families from diverse cultural backgrounds and helps ensure that language and cultural differences do not become barriers to support and opportunity. Her work is grounded in advocacy, empowerment, and relationship-building, with a focus on helping families identify their strengths, access resources, and become more connected and engaged in their communities.



Commissioner Steve Justus

Steve Justus is a Public Health and General Preventive Medicine specialist serving multiple community-based organizations in north Mecklenburg County. These organizations include North Mecklenburg Economic Mobility Collaborative, Unity in Community, Davidson College Presbyterian Church and the town of Davidson's Board of Commissioners. His interests revolve around community well-being, equity, and sustainability. Food security and air quality at the community level meaningfully intersects with these interests.

Prior to his current grassroots engagement, he served as Touch Foundation's Chief Medical Officer strengthening health systems in Tanzania. Earlier in his career as a board-certified emergency physician, he served as the CEO of a multi-specialty physician group in Charlotte. A graduate of the UNC School of Medicine, Dr Justus acquired a Diploma in Tropical Medicine and Hygiene from the London School in 2008 in preparation for his career change to Global Health. He received his undergraduate education at Davidson College.

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2026 MENTAL HEALTH SUMMIT

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The Planning Team and the Board of Directors of Living Waters Inc express our sincere appreciation for helping to make the 2026 Mental Health Summit a success.

Thank you for partnering with us to make a positive, long-term impact in the lives of our community as we continue to promote awareness, dialogue, and partnership concerning disparities in mental health.

Living Waters Inc

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